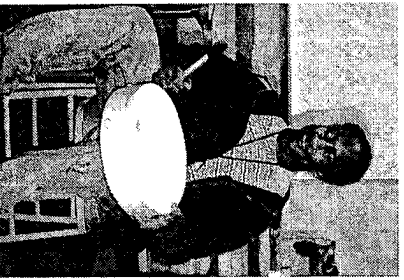


# Good Mourning at Akron Children's Hospital

## A support group for grieving children and their families



The death of a loved one is a traumatic and sad event for a family. For children and adolescents, it can be frightening and confusing, but they don't have to face this uncertainty alone. Akron Children's Hospital offers a free support group to help kids move through the changes brought about by the death of a loved one. Together, we can make it a "good mourning" and not a time of despair.

Good Mourning is designed to help children and their parents understand and deal with feelings of grief brought on by the death of a loved one. At Good Mourning meetings, participants will have an opportunity to express themselves through a variety of activities, and begin the process of working through their grief.

Good Mourning begins with a phone conversation with the parent/caregiver and the group facilitator, followed by a 6-week, confidential support group led by trained, compassionate, Akron Children's Hospital professionals and volunteers. During the group meetings, we help children and parents understand their loss, explore their grief feelings and reactions, find ways to forever honor their loved one, and gain self-confidence.

Activities and resources include:

- Grief support groups are divided by age, for 5-8 year olds, 9-12 year olds, and teens
- Meeting time for parents/caregivers while their children meet in groups
- Facilitators trained to guide children through the grief process
- A list of books and other resources to help grieving children and their families



### Time and Location

The group meets every Tuesday for 6 weeks.  
Dinner is provided at 6:30 p.m. and the groups meet from 7-8 p.m.

Location is the Considine Professional Building across from Akron Children's Hospital, 215 W. Bowers St. The Bowers St. Parking Deck is attached to the building. Parking will be validated.

### Upcoming Dates

- October 8-November 12, 2013
- February 4-March 11, 2014
- April 8-May 13, 2014
- October 7-November 11, 2014

For more information, contact: Nancy Carst at 330-543-3343

## Good Mourning Registration

Please mail or fax the completed registration:

Akron Children's Hospital  
One Perkins Square  
Akron, OH 44308  
Attn: Palliative Care Center

Fax number is: 330-543-3539

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Child's birth date: \_\_\_\_\_

Child's age: \_\_\_\_\_

Name of deceased: \_\_\_\_\_

Relationship of deceased to the child: \_\_\_\_\_

Date of death: \_\_\_\_\_

Diagnosis/cause of death: \_\_\_\_\_

Name of child's parent/caregiver: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip code: \_\_\_\_\_

Home phone: \_\_\_\_\_

Work phone: \_\_\_\_\_

Cell phone: \_\_\_\_\_

School child attends: \_\_\_\_\_

Teacher's name: \_\_\_\_\_

Grade: \_\_\_\_\_

Is the child receiving any bereavement or other counseling?  Yes  No

Counselor's name: \_\_\_\_\_

Please copy this form for each child registered

Aultman Grief Services presents family night called

# Healing Grieving Hearts



The *Healing Grieving Hearts* group was created to assist families in dealing with the issues that grief brings about. Grief affects everyone in the family.

People deal with the loss of loved ones in their own way and at their own time. Communication is often a major struggle after a loss. It is hard to know what to say and when to say it. The goal of the group is to help families feel better equipped to process their grief, communicate effectively and progress in their grief journey together.

This family-oriented group meets the last Wednesday of each month from 6-7:30 p.m. at the Aultman Compassionate Care Center, located at 2821 Woodlawn Ave. N.W. in Canton. The session starts with pizza, and then the families split into age groups with their facilitators. Groups include activities, crafts and music.

Please call Beth Wengerd at Aultman Grief Services  
330-479-4835 to register or learn more.



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GRIEF SERVICES  
[aultman.org/grief](http://aultman.org/grief)