

SEPTEMBER | 2022



NW Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Breakfast Taco Fruit Cup 100%Apple or OJ Cup	2 No School
5 No School	6 Double Chocolate Muffin Goldfish Crackers Fruit Cup	7 Cinnamon Pop Tart Granola Fresh Fruit	8 French Toast Tiger Bites 100% Apple or OJ Cup	9 Cereal Graham Cracker Fruit Cup
12 Nutri-grain Bar Granola Fruit Cup	13 Donut Goldfish Crackers Fruit Cup	14 Cereal Graham Cracker 100%Apple or OJ Cup	15 Cinnamon Pop Tart Tiger Bites Fresh Fruit	16 Waffles Graham Cracker Fruit Cup
19 Banana Bread Goldfish Crackers Fruit Cup	20 Cereal Graham Cracker Banana	21 Bacon, Egg & Cheese Pizza Fruit Cup 100%Apple or OJ Cup	22 "Maryann" Donuts Tiger Bites Fruit Cup	23 Pop Tart w/string cheese Granola Fruit Cup
26 Cereal Graham Crackers Fruit Cup	27 Churro Stick Tiger Bites 100%Apple or OJ Cup	28 Nutri-grain Bar Goldfish Crackers Fruit Cup	29 Breakfast Taco Fruit Cup 100%Apple or OJ Cup	30 Breakfast Breaks Cereal Graham Crackers 100%Apple or OJ Cup

News

Breakfast and Lunch are NOT free this school year.

Breakfast - \$1.50
Reduced Break - \$.30

Lunches - \$3.00
Reduce Lunch - \$.40

Ice Cold Milk offered daily: \$.50
-Fat Free Chocolate
-1% White

*Menus are subject to change.

We need subs for the Cafeteria. If you are interested in earning some extra money. Call #330-854-2205.