

# SEPTEMBER | 2021



## NW Middle School

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>30</b> *Tossed Salad or Salad with Chicken offered daily.</p>	<p><b>31</b></p>	<p><b>1</b> Spaghetti w/breadstick Corn Dog Tossed Salad or Peas Banana or Mixed Fruit</p>	<p><b>2</b> Sub Sandwich Chicken Patty on Bun Sweet Potato Fries California Blend Fresh Fruit or Mandarin Oranges</p>	<p><b>3</b> No School In Service Day</p>
<p><b>6</b> No School Labor Day</p>	<p><b>7</b> Chicken Nuggets Hot Dog on Bun Green Beans Peaches or Mixed Fruit</p>	<p><b>8</b> Walking Taco w/ch/let/cup Corn Dog Refried Beans or Corn Applesauce or Pears</p>	<p><b>9</b> Pizza Hut Cheese or Pepperoni Pizza Tossed Salad or Carrots</p>	<p><b>10</b> Macaroni &amp; Cheese w/soft pretzel Cheeseburger on Bun Broccoli w/cheese Baked Beans Applesauce or Mandarin Oranges</p>
<p><b>13</b> Chicken Strips w/roll Hot Dog on Bun Corn Peaches or Pears</p>	<p><b>14</b> Meatball Sub on Bun Chicken Patty on Bun Baked Beans Tossed Salad Applesauce or Mixed Fruit</p>	<p><b>15</b> French Toast Styx w/sausage link Corn Dog Hashbrown 100% Apple or Orange Juice</p>	<p><b>16</b> Cheese or Pepperoni Pizza Chicken Patty on Bun Green Beans Pineapple or Mandarin Oranges</p>	<p><b>17</b> Bosco Sticks w/marinara Cheeseburger on Bun California Blend Carrot sticks w/dip Banana or Mixed Fruit</p>
<p><b>20</b> Popcorn Chicken w/roll Hot Dog on bun Broccoli w/cheese Peaches or Pears</p>	<p><b>21</b> Chicken Quesadilla w/salsa Chicken Patty on Bun Corn or Refried Beans Cinnamon Apple Slices Pineapple</p>	<p><b>22</b> Domino's Pizza Cheese or Pepperoni Green Beans Pears or Fresh Fruit</p>	<p><b>23</b> BBQ Rib on Bun Chicken Patty on Bun Sweet Potato Fries Baked Beans Banana or Mixed Fruit</p>	<p><b>24</b> Toasted Cheese Sandwich Cheeseburger on Bun Tomato Soup Corn Sidekicks</p>
<p><b>27</b> Spicy Chicken Strip w/roll Hot Dog on Bun Corn Mandarin Oranges Pears</p>	<p><b>28</b> Fiestada Pizza Chicken Patty on Bun Fiesta Rice or Peas Fresh Fruit</p>	<p><b>29</b> Spaghetti w/meatballs Breadstick Corn Dog Tossed Salad or Peas Banana or Mixed Fruit</p>	<p><b>30</b> Sub Sandwich Chicken Patty on Bun Sweet Potato Fries California Blend Fresh Fruit or Mandarin Oranges</p>	<p><b>1</b> Stuffed Crust Pizza Cheeseburger on Bun Key West Blend Rosy Applesauce Fruit Crisp</p>

\*All Breakfast and Lunches are free for the 2021-2022 school year.

\*Ice Cold Milk offered daily:  
Fat Free Choc  
Or 1% White

Menus are subject to change.

### **News**

\*Please remember to fill out Free/Reduced lunch forms if you feel you qualify. Breakfast and lunches are free this school year but forms still need to be completed yearly. If qualified it helps with student's school fees and other areas within the school district.

### **Help**

\*We need subs for our Cafeterias. Will train. If you would be interested in working a few hours a day, please call the NW Board office at 330/854-2291.