

SEPTEMBER | 2021



NW Middle Breakfast

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|
| 30 *All Breakfast and Lunches are free for the school year 2021-2022 | 31 | 1 Cereal Goldfish Cracker 100% Apple or Orange Juice | 2 Cereal Goldfish Cracker 100% Apple or Orange Juice | 3 No School Teacher In-Service Day |
| 6 No School Labor Day | 7 Sausage Egg and Cheese Bagel Scooby Doo Graham 100% Apple or Orange Juice | 8 Sausage Egg and Cheese Bagel Scooby Doo Graham 100% Apple or Orange Juice | 9 Fruitel Bug Bite Graham 100% Apple or Orange Juice | 10 Scrambled Eggs w toast Scooby Graham 100% Apple or Orange Juice |
| 13 Cereal Bug Bite Graham 100% Apple or Orange Juice | 14 Cereal Bug Bite Graham 100% Apple or Orange Juice | 15 Cereal Goldfish Cracker 100% Apple or Orange Juice | 16 Donut Bug Bite Graham 100% Apple or Orange Juice | 17 Mini Pancakes Scooby Graham 100% Apple or Orange Juice |
| 20 Cereal Bug Bite Graham 100% Apple or Orange Juice | 21 Bacon Egg and Cheese Pizza Scooby Doo Graham 100% Apple or Orange Juice | 22 Cereal Goldfish Cracker 100% Apple or Orange Juice | 23 Yogurt w/string cheese Bug Bite Graham 100% Apple or Orange Juice | 24 Apple Cinnamon Texas Toast Scooby Graham 100% Apple or Orange Juice |
| 27 Cereal Bug Bite Graham 100% Apple or Orange Juice | 28 Double Chocolate Muffin Scooby Doo Graham 100% Apple or Orange Juice | 29 Cereal Goldfish Cracker 100% Apple or Orange Juice | 30 Donut Bug Bite Graham 100% Apple or Orange Juice | 1 Mini Waffle Scooby Graham 100% Apple or Orange Juice |

*Cereal and Ice Cold Milk offered_Daily:
Fat-Free Chocolate
Or 1% White
*Menus are subject to change.

NEWS

*Please remember to fill out Free/Reduced lunch forms if you feel you qualify. Breakfast and lunches are free this school year but forms still need to be completed yearly. If qualified it helps with student's school fees and other areas within the school district.

Help

*We need subs for our Cafeterias. Will train. If you would be interested in working a few hours a day, please call the NW Board office at 330/854-2291