

100% Apple or Orange Juice

# OCTOBER | 2021



## NW Middle School Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

27	28 **All Breakfast/Lunches are free for the school year 2021-2022  Milk Prices: \$.50	29	30	1 Mini Waffle Scooby Graham 100% Apple or Orange Juice
4 Cereal Bug Bite Graham 100% Apple or Orange Juice Or Fruit	5 Sausage Egg and Cheese Bagel Scooby Doo Graham 100% Apple or Orange Juice Or Fresh Fruit	6 Cereal Goldfish Cracker 100% Apple or Orange Juice Or Fruit	7 Fru-del Bug Bite Graham 100% Apple or Orange Juice Or Fresh Fruit	8 Mini Pancakes Scooby Graham 100% Apple or Orange Juice Or Fruit
11 No school Teacher In-Service Day Or Fruit	12 Cini Mini Pastry Scooby Doo Graham 100% Apple or Orange Juice Or Fresh Fruit	13 Cereal Goldfish Cracker 100% Apple or Orange Juice Or Fruit	14 Donut Bug Bite Graham 100% Apple or Orange Juice Or Fresh Fruit	15 Scrambled Eggs/toast Scooby Graham 100% Apple or Orange Juice Or Fruit
18 Cereal Bug Bite Graham 100% Apple or Orange Juice Or Fruit	19 Bacon Egg and Cheese Pizza Scooby Doo Graham 100% Apple or Orange Juice Or Fresh Fruit	20 Cereal Goldfish Cracker 100% Apple or Orange Juice Or Fruit	21 Pop Tart w/string cheese Bug Bite Graham 100% Apple or Orange Juice Or Fresh Fruit	22 Apple Cinnamon Texas Toast Scooby Graham 100% Apple or Orange Juice Or Fruit
25 Cereal Bug Bite Graham 100% Apple or Orange Juice Or Fruit	26 Double Chocolate Muffin Scooby Doo Graham 100% Apple or Orange Juice Or Fresh Fruit	27 Cereal  Cereal	28 Donut Bug Bite Graham 100% Apple or Orange Juice Or Fresh Fruit	29 Mini Waffle Scooby Graham 100% Apple or Orange Juice Or Fruit

\*Ice Cold Milk offered Daily:  
Fat-Free Chocolate  
Or 1% White  
\*Menus are subject to change.

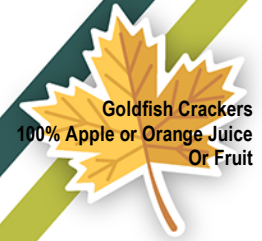
### **NEWS**

\*Please remember to fill out Free/Reduced lunch forms if you feel you qualify. Breakfast and lunches are free this school year but forms still need to be completed yearly. If qualified it helps with student's school fees and other areas within the school district.

### **Help**

\*We need subs for our Cafeterias. Will train. If you would be interested in working a few hours a day, please call the NW Board office at 330/854-2291

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