

# NOVEMBER | 2021



## NW High School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Pop Tart with Yogurt Fruit Cooks Choice 100% Apple or OJ Cup	2 Donut Fruit Cooks Choice 100% Apple or OJ Cup	3 Apple or Cherry Frudel Fruit Cooks Choice 100% Apple or OJ Cup	4 Cinnamon Roll Fruit Cooks Choice 100% Apple or OJ Cup	5 Bacon Egg and Cheese Pizza Fruit Cooks Choice 100% Apple or OJ Cup
8 Mini Waffles w/syrup Fruit Cooks Choice 100% Apple or OJ Cup	9 Bacon Egg and Cheese on English Muffin Fruit Cooks Choice 100% Apple or OJ Cup	10 Cini Mini Pastry Fruit Cooks Choice 100% Apple or OJ Cup	11 Breakfast Taco Fruit Cooks Choice 100% Apple or OJ Cup	12 French Toast Sticks w/syrup Fruit Cooks Choice 100% Apple or OJ Cup
15 Donut Fruit Cooks Choice 100% Apple or OJ Cup	16 Apple or Cherry Frudel Fruit Cooks Choice 100% Apple or OJ Cup	17 Cinnamon Roll Fruit Cooks Choice 100% Apple or OJ Cup	18 Ham Egg and Cheese on Bagel Fruit Cooks Choice 100% Apple or OJ Cup	19 Pop Tart with Yogurt Fruit Cooks Choice 100% Apple or OJ Cup
22 Mini French Toast Fruit Cooks Choice 100% Apple or OJ Cup	23 Breakfast Taco Fruit Cooks Choice 100% Apple or OJ Cup	24 No School Thanksgiving Break	25 No School Happy Thanksgiving	26 No School Thanksgiving Break
29 No School  **All Breakfast and Lunches are free for the school year 2021-2022  Milk Price - \$.50 ala carte	30 Donut Fruit Cooks Choice 100% Apple or OJ Cup	1 Apple or Cherry Frudel Fruit Cooks Choice 100% Apple or OJ Cup	2 Cinnamon Roll Fruit Cooks Choice 100% Apple or OJ Cup	3 Bacon Egg and Cheese Pizza Fruit Cooks Choice 100% Apple or OJ Cup

\*Ice Cold Milk offered Daily: \$.50 ala carte  
Fat-Free Chocolate  
Or 1% White  
\*Menus are subject to change.

### **NEWS**

\*Please remember to fill out Free/Reduced lunch forms if you feel you qualify. Breakfast and lunches are free this school year but forms still need to be completed yearly. If qualified it helps with student's school fees and other areas within the school district.

### **Help**

\*We need subs for our Cafeterias. Will train. If you would be interested in working a few hours a day, please call the NW Board office at 330/854-2291