



JANUARY | 2022

MW High School Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>3 Chicken Nuggets w/muffin Stuffed Crust Cheese or Pepperoni Crispy Chicken Salad w/roll Baked Beans Spicy Wedge Fries Fresh Fruit or Pears</p>	<p>4 Lasagna Roll-Up with Breadstick Spicy Chicken Patty on Bun Wildfire BBQ Chicken Salad w/roll Carrots or Romaine/Spinach Salad Peaches or Sidekicks</p>	<p>5 Bosco Sticks w/marinara Mini Corn Dogs Buffalo Chicken Salad w/roll California Blend Key West Blend Pears or Pineapple</p>	<p>6 Walking Taco w/Frito Bacon Cheeseburger on Bun Crispy Chicken Salad w/roll Corn or Refried Beans Fresh Fruit or Mixed Fruit</p>	<p>7 Pizza Bob Chicken Patty on Bun Cobb Salad w/roll Green Beans Sweet Potato Fries Applesauce Cup or Peaches</p>
<p>10 Chicken Tenders w/roll Italian Hoagie on Bun Southwest Grill Salad w/roll Broccoli or Roasted Potatoes Applesauce or Fresh Fruit</p>	<p>11 Bosco Sticks w/marinara Meatball Sub on Bun Crispy Chicken Salad w/roll Green Beans or Key West Vegetables Mixed Fruit or Pears</p>	<p>12 Turkey Gravy over mashed potatoes with Biscuit French Bread Cheese or Pepperoni Pizza Buffalo Chicken Salad w/roll Peas and Carrots or Mashed Potatoes w/gravy Mandarin Oranges or Pineapple</p>	<p>13 Nacho Grande Spicy Sicilian Sliders Wildfire BBQ Chicken Salad w/roll Baked Beans or Corn Fresh Fruit or Peaches</p>	<p>14 Pizza Hut Cheese or Pepperoni Pizza Spicy Chicken Patty on Bun Crispy Chicken Salad w/roll Carrot Sticks with dip Smiley Fries Applesauce Cup or Mixed Fruit</p>
<p>17 Popcorn Chicken w/roll BBQ Rib on Bun Buffalo Chicken Salad w/roll Cole Slaw or French Fries Fresh Fruit or Peaches</p>	<p>18 Ravioli w/ breadstick Chicken Patty on Bun Cobb Salad w/roll Peas or Romaine /Spinach Salad Key West Vegetables Sherbet Cup or Pear Cup</p>	<p>19 General Tso's Chicken over rice with mini Egg Roll Cheeseburger on Bun Crispy Chicken Salad w/roll Broccoli or Far East Vegetables Applesauce or Pineapple</p>	<p>20 Taco with lettuce /cheese cup Mini Corn Dogs Southwest Grill Salad w/roll Corn or Refried Beans Fresh Fruit or Mixed Fruit</p>	<p>21 Mac & Cheese with soft pretzel Big Daddy Cheese or Pepperoni Crispy Chicken Salad w/roll Green Beans or Carrots Cinnamon Applesauce or Peaches</p>
<p>24 Salisbury Steak w/roll with Mashed Potatoes Beef Bean & Cheese Burrito Southwest Grill Salad w/roll Broccoli French Fries Fresh Fruit or Peaches</p>	<p>25 Breakfast for Lunch Cheeseburger on Bun Buffalo Chicken Salad w/roll Baked Beans Hash Browns 100% Apple or Orange Juice Mixed Fruit</p>	<p>26 Popcorn Chicken Bowl Calzone Crispy Chicken Salad w/roll Green Beans or Mixed Vegetable Pears or Pineapple</p>	<p>27 Max Sticks w/marinara Chicken Parmesan on Bun Cobb Salad w/roll Pasta Salad or Corn Fresh Fruit or Applesauce</p>	<p>28 Domino's Pizza Cheese or Pepperoni Spicy Chicken Patty on Bun Crispy Chicken Salad w/roll Carrot Sticks w/dip Green Beans Applesauce Cup or Mandarin Oranges</p>
<p>31 Chicken Tenders w/roll Italian Hoagie on Bun Southwest Grill Salad w/roll Broccoli or Roasted Potatoes Applesauce or Fresh Fruit</p>	<p>1</p>	<p>2 All Breakfast/Lunches are free for the school year 2021-2022 Milk Prices: \$.50 ala carte</p>	<p>3</p>	<p>4</p>

*Ice Cold Milk offered Daily: \$.50 ala carte Fat-Free Chocolate Or 1% White

*Menus are subject to change.

NEWS

We are experiencing paper and food shortages just like everyone else. Please bear with us as we are doing our best. Lunch's may be served a little different in the next few weeks.

*Please remember to fill out Free/Reduced lunch forms if you feel you qualify. Breakfast and lunches are free this school year but forms still need to be completed yearly. If qualified it helps with student's school fees and other areas within the school district.

Help

*We need subs for our Cafeterias. Will train. If you would be interested in working a few hours a day, please call the NW Board office at 330/854-2291