



JANUARY | 2022

NW High School Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 Banana Muffin Fruit Cooks Choice 100% Apple or OJ Cup	4 English Muffin Fruit Cooks Choice 100% Apple or OJ Cup	5 Cherry Apple Crumb Bar Fruit Cooks Choice 100% Apple or OJ Cup	6 Breakfast Taco Fruit Cooks Choice 100% Apple or OJ Cup	7 French Toast Sticks w/syrup Fruit Cooks Choice 100% Apple or OJ Cup
10 Donut Fruit Cooks Choice 100% Apple or OJ Cup	11 Apple or Cherry Frudel Fruit Cooks Choice 100% Apple or OJ Cup	12 Cinnamon Roll Fruit Cooks Choice 100% Apple or OJ Cup	13 Banana Muffin Fruit Cooks Choice 100% Apple or OJ Cup	14 Pop Tart with Yogurt Fruit Cooks Choice 100% Apple or OJ Cup
17 Mini French Toast Fruit Cooks Choice 100% Apple or OJ Cup	18 Breakfast Taco Fruit Cooks Choice 100% Apple or OJ Cup	19 Cini Mini Fruit Cooks Choice 100% Apple or OJ Cup	20 English Muffin Fruit Cooks Choice 100% Apple or OJ Cup	21 Muffin Fruit Cooks Choice 100% Apple or OJ Cup
24 Pop Tart with Yogurt Fruit Cooks Choice 100% Apple or OJ Cup	25 Donut Fruit Cooks Choice 100% Apple or OJ Cup	26 Apple or Cherry Frudel Fruit Cooks Choice 100% Apple or OJ Cup	27 Cinnamon Roll Fruit Cooks Choice 100% Apple or OJ Cup	28 Bacon Egg and Cheese Pizza Fruit Cooks Choice 100% Apple or OJ Cup
31 Banana Muffin Fruit Cooks Choice 100% Apple or OJ Cup	1	2 *All Breakfast and Lunches are free for the school year 2021-2022 Milk Price - \$.50 ala carte	3	4

*Ice Cold Milk offered Daily: \$.50 ala carte
Fat-Free Chocolate
Or 1% White
*Menus are subject to change.

NEWS

*Please remember to fill out Free/Reduced lunch forms if you feel you qualify. Breakfast and lunches are free this school year but forms still need to be completed yearly. If qualified it helps with student's school fees and other areas within the school district.

Help

*We need subs for our Cafeterias. Will train. If you would be interested in working a few hours a day, please call the NW Board office at 330/854-2291